

# WHERE TO



1

## 1. Visions Eye Care

6201 S Minnesota Ave

605.274.6717 | [sdvisions.com/optical-boutique](https://sdvisions.com/optical-boutique)

*Make a statement with Anne & Valentin frames! Stop by our Optical Boutique, shop online or schedule a personal styling appointment. Anne & Valentin frames start at \$405.*

2

## 2. Makers Exchange

102 E Venture Place | Tea, SD

605.213.0404 | [makers-exchange.com](https://makers-exchange.com)

*Hop into Easter at Makers Exchange! Find unique handmade gifts, spring décor, and personalized treasures perfect for the season. Support local artisans and make this Easter extra special with one-of-a-kind finds!*



3



## 3. The Economy Shop

S Main | Rock Valley, IA

FB: The Economy Shop – First Chance Glance.

*Shop all your FAVORITE NAME BRANDS & styles! Clothing, shoes & accessories from baby to adult. Shop our Facebook page!*

4

## 4. Mahlander's Appliance and Lighting

8th & Minnesota Ave

605.336.7798 | [mahlanders.com](https://mahlanders.com)

*Elevate your kitchen with Café Appliances—where style meets performance, and customizable hardware lets you design your dream space.*



# SHOP

## 5. First Impressions

775 10th St, Hwy 18 | Rock Valley, IA

712.476.2945 | firstimpressionstogo.com

*Take a stroll down memory lane in the spring! This framed canvas is 42"x 42"- \$325.*



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## 6. The Gift Shop at Grand Falls Casino & Golf Resort

1415 Grand Falls Blvd | Larchwood, IA

712.777.7777 | thefallsgolfcourse.com/golfshop

*New for 2025 - The Kawela Golf Shoes by Olukai! The Kawela blends sporty style with functionality. Featuring water-resistant mesh and neoprene, along with leather details, this style ensures comfort and dryness in any weather. Its lightweight construction and breathable materials allow you to play all day while a secure lacing system enhances stability and performance. Prices start at \$130.*

## 7. Handy Man Home Remodeling Center

910 E 10th St

605.336.0316 | HandyManHome.com

*Introducing the New Wavy Black 24" Bathroom Light Bar. 3 colors of light, dimmable LED. Price varies by color. Around \$120.*

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## 8. Montgomery's

1725 W 41st St

605.332.4400 | montgomerys.com

*Mid-Century Modern Round Storage Ottoman with Wood Case - Add a touch of mid-century modern elegance to your home with this round storage ottoman, featuring a stylish wooden case shelf. Perfect for keeping your space organized, it seamlessly blends functionality with a timeless design, making it an ideal accent piece for any room. \$539.99*





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### 1. Betz Blinds

1111 W 41 St

605.357.0057 | betzblinds.com

*Hunter Douglas Dual Screen Shades with motorization is the best of both worlds! Light filtering and room darkening fabrics all in one motorized shade!*

### 2. Palm at the Park

In the Central Emporium

144 Lakeshore Drive, Arnolds Park, IA

*Dress up in the McKim Wedge, a luxurious nappa leather thong sandal featuring the iconic Lilly metal O-ring detail and a chic straw-wrapped wedge heel with a new padded footbed. \$148.*



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### 3. Pharmacy Specialties & Clinic

2333 W 57th St, Ste 109

605.334.1672 | rxpsi.com

*Metabolic: 30ct bottle \$103 (-20%) = \$82.40*

*Crave control: #180ct capsules \$74 (-20%) = \$59.20*



### 4. Rustic Oak Brands

303 S Main Street | Inwood, IA

712.753.2121 | rusticoakbrands.com

We've got the trends in this outfit! Our store has a variety of layering pieces. Come check out fun spring mesh shirts, blazers, shackets and sweater vests to compliment either of these tops. The wide leg denim trouser pairs perfectly.



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### 5. South Dakota Pork Producers Council

4615 West Homefield Drive

605.332.1600 | sdppc.org

*The gift of pork is waiting for you! Pork certificates are gift checks that look and redeem just like a check. Use them anywhere pork is sold - a restaurant, supermarket, or even your local butcher! Pork certificates are only available from SDPPC and can be purchased in any denomination. Get your certificates TODAY and start giving the gift of Pork!*



6



#### 6. Gunderson's Jewelers

2109 W 57th Street  
605.338.9060 | gundersons.com  
14K White Gold Diamond Circle Necklace,  
0.11CTW. \$595

#### 7. Liv Med Spa

2500 S Lorraine Pl  
605.681.6228 | livmedspasd.com  
Now offering the only Pico Laser  
in Sioux Falls! The PicoLazer  
device is the gold standard for  
tattoo removal! It is effective for  
all ink colors (including stubborn  
pastel colors), faster and more  
effective than older Q-switch  
lasers, requires fewer sessions,  
and is used to revitalize skin  
and treat other benign skin  
conditions and discoloration  
including melasma, rosacea,  
acne scars, freckles, sun spots,  
and pigmented lesions!  
Contact us for a quote!

7



## WEIGHT MANAGEMENT

Metabolism refers to the body's inherent mechanism for transforming the food we eat into fuel for daily function. When this natural process is interrupted or slowed, issues may arise due to impacting the body's ability to effectively manage energy. As a result, a variety of metabolic disorders may emerge including obesity, type-2 diabetes mellitus, cardiovascular diseases, and non-alcoholic fatty liver disease. The optimal way to minimize these effects is by exercising regularly, managing stress, practicing good sleep hygiene, and following a diet high in vegetables, fruits, nuts, whole grains, and olive oil. In addition to these applications, incorporating a supplement designed to enhance both metabolic function and gut health is essential to actively improve common metabolic disorders.

One promising supplement for this purpose is our **Metabolic Probiotic featuring Akkermansia**. This product contains a blend of various probiotics that collaborate to support the balance of the body's healthy microbiome, resulting in enhanced immunity, decreased inflammation, and maintenance of regular bowel movements. Akkermansia, often referred to as a GLP-1 probiotic, works to increase levels of the GLP-1 hormone, which plays a key role in managing insulin secretion and reducing appetite.

Consequently, by incorporating akkermansia, this product further aids in promoting healthy weight loss and maintaining balanced blood sugar levels in diabetics or pre-diabetics. A general rule of need for this product is simply one vegetarian capsule daily for adults, or as directed by a healthcare professional.

A secondary supplement designed to support weight loss is our product called **Crave Control**. This product consists of essential amino acids and their precursors that function to provide the brain with "neuro-nutrients" necessary for the synthesis of brain-reward neurotransmitters. The resulting effect leads to a substantial rise in serotonin, dopamine, and D2 receptor activity, which consequently stimulates appetite suppression and reduces general food cravings. A typical guideline for this product is to administer six to twelve capsules daily, preferably thirty to forty-five minutes before meals, or as directed by a healthcare professional.

**Stop by on SUPER THURSDAY for  
20% off Nutritional Supplements  
and over the counter items.**

*Not all items qualify for the discount.*



PHARMACY SPECIALTIES  
& CLINIC, Inc.



Like us on FB  
2333 W 57th St, Ste 109 | Sioux Falls  
605.334.1672 | rxpsi.com  
Hours: Mon – Fri 8:30am – 5:30pm  
PCAB Accredited